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GRAND OPENING IN FRISCO, TX

FEBRUARY 14, 2009 11:00am

FOR IMMEDIATE RELEASE

Note: Join owner Karyn Pentecost for a tour of the new location. Photo and interview opportunities are available.

FRISCO, TX., February 14, 2009 – The Girls Room will celebrate the opening of their second location with a Grand Opening party. The Frisco location is at 3301 Preston Road, Suite 7P, Frisco, TX 75034 inside the StaYoung Fitness Studio.

The Girls Room is a dance and fitness studio created for women. Classes are designed to inspire and empower women to feel comfortable expressing their femininity while creating the physique they desire. The Girls Room has a retail boutique and personal dance and fitness instructors at your service. Gift Certificates are available by phone. The original location at 1921 1/2 Studio B Greenville Avenue, Dallas, TX 75206 celebrates its one year anniversary this month and both locations are available for private parties, bachelorette parties and more.

The Grand Opening festivities will include complimentary food, drinks, studio tour and sample classes 11am – 1pm. Special Gift Certificates will be on sale for Valentines Day.

Photos of The Girls Room locations are available for publication by contacting Karyn Pentecost at (214) 735-3233. Photos of The Girls Room are available for publication by contacting Karyn Pentecost at (214) 735-3233.

The Girls Room was voted SEXIEST WORKOUT IN DALLAS by DBEAUTY in 2008. View recent stories at <http://www.dallasobserver.com/2008-11-06/news/pole-dancing-classes-mdash-good-for-the-body-but-what-about-a-woman-s-soul/3>

Join The Girls Room to **BE INSPIRED - BE EMPOWERED - BE FIT.**